



CHECK OUT LICE!

By making sure you've done all the suggestions on the check list below, you'll be more likely to completely get rid of the lice and decrease the chance of reinfestation.

- Examine everyone in household. Those found to have lice or nits should be treated with lice shampoo (pediculicide) at the same time.** Consult your physician for those who are pregnant, nursing, or under 2 years old. Please read the label for instructions and application.
- Removing Nits.** Part the hair every ½ inch to see if you find any nits on the hair shafts. Remove them with a nit comb that is often packaged with the shampoo. Place them on a paper towel and flush down the toilet when finished. Removal of nits with a fine tooth comb after shampooing significantly reduces the risk of re-infestation.
- WASH** clothing, coats, hats, bedding, and towels that have been in contact with the child during the last three days. Use the hottest water possible and dry at the hottest setting possible for 20 minutes. Wash the coats of other family members that may have contact with the child's coat.
- BAG** anything that cannot be washed such as stuffed animals and other cloth toys, cloth hair bands, helmets, and clothing that must be dry cleaned in a tightly sealed bag for at least 2 weeks.
- SOAK** combs, brushes, and all washable hair items in a solution of hot water and lice shampoo for 30 minutes. Rinse with warm water.
- VACUUM** carpets, floors, upholstered furniture, pillows, mattress, and the car seats. It is recommended to immediately dispose of the vacuum bag in the outside trash can.
- Continue Daily Head Checks** until nit free for 10 days.
- Retreat with lice shampoo (pediculicide)** in 7 to 10 days to prevent reinfestation.
- Guard against re-infestation.** Remind your child not to share hats, hair items, combs and brushes, coats, pillows or sleeping bags with other children and also not to whisper to each other.

* Returning to School: Your child may return to school within 24 hours after he/she has been treated with a lice shampoo (pediculicide). The parent or guardian must remove all live lice after shampooing and attempt to remove nits prior to readmission by the school nurse. The school nurse will examine your child's head prior to readmission to school. **The child is not to ride the school bus or attend class until cleared for readmission by the school nurse. Please provide proof of treatment (dated receipt, empty product bottle) to the school nurse at this check for re-admission.**